



**GRANVILLE VANCE**  
public health  
*Your Environment. Your Community. Your Health.*

# ANNUAL REPORT 2016



GVPH Staff at Oxford location



GVPH Staff at Henderson location



The Health Education and Promotion Team

**Granville Vance Public Health (GVPH) is committed to serving our communities, preventing disease, and promoting good health for every resident.** Whether providing flu shots, increasing access to nutrition counseling services or ensuring safe drinking water, GVPH offers the highest level of quality and service. We do not do this work alone. Partnerships across many different agencies and community volunteers weave together layers of effort and good will that keep us all moving forward in service toward a common good. We work with committed partners and use innovative solutions to support all residents in achieving the highest level of health.



**Our Vision:** Inspiring a culture of health by improving Your Environment, Your Community, and Your Health



**Our Mission:** The mission of Granville Vance Public Health is to protect and promote health in Granville and Vance counties.

Health Education and Promotion Team: Tyisha Terry, La'Shanda Daniels, Nakia Martin-Wright, and Bailey Goldman.  
(Not pictured: Meredith Wester, Mary Constantino and Rob Jiggetts)



## Accreditation: Our Commitment to Quality Public Health

We work hard to maintain the highest standard of quality public health services, community outreach and engagement, and data collection and management. We go through the accreditation process every four years to document that we meet benchmarks for public health in North Carolina. We are preparing to go through this process in early 2017.



## GVPH Making the Connection Academic and Public Health Partnerships

GVPH is strengthening our connection with academic partners. Carmen Samuel-Hodge, RD, PhD, a research assistant professor in the Department of Nutrition and a member of the UNC Center for Health Promotion and Disease Prevention, brings innovative research into practice at GVPH. Dr. Samuel-Hodge leads GVPH's chronic disease prevention strategies, including nutrition and physical activity interventions and the Minority Diabetes Prevention Program. She also serves as a special advisor on evidence-based program implementation to GVPH staff.

In addition to the partnership with UNC Chapel Hill, GVPH provides educational opportunities to students through advanced study, collaboration, and mentorships.



### GVPH strives to be:



### GVPH listens:

#### 2015 Community Health Assessment

GVPH staff and volunteers conducted a comprehensive Community Health Assessment (CHA) in 2015. As part of the CHA, we conducted **373 door-to-door interviews** to learn about residents' concerns, services needing improvement, health status, healthcare access and emergency planning. The information collected through these interviews, along with input from partners and participants in community forums, identified three health priorities for Granville and Vance counties: **education, mental health and substance use disorders**, and **nutrition and physical activity**. **Health equity and poverty** were identified as cross-cutting themes that should be considered within each of the three health priorities.



The 2016 State of the County Health (SOTCH) Report that highlights how we addressed these priorities in the past year is now available online at: [gvph.org](http://gvph.org).

#### Did you know?

GVPH Environmental Health conducts inspections of restaurants, daycare centers, hospital and school cafeterias, tattoo parlors, swimming pools and residential care homes. Environmental Health Specialists provide permits for wells and septic systems across both counties and regularly travel across 800 square miles. Rural health means more distance traveled and more specialty areas covered by each member of the Environmental Health Team.



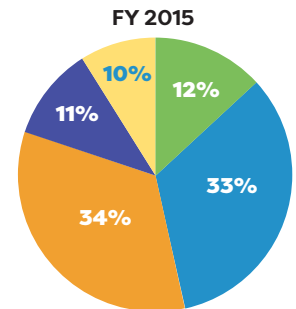
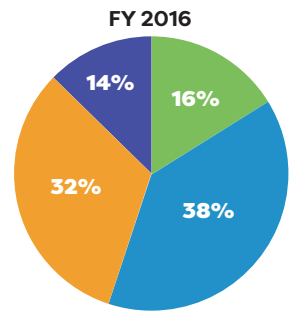
12  
GRANTS  
WERE MANAGED IN  
2016  
PROVIDING OVER  
\$2.5M  
IN FUNDING, WHICH  
WAS USED TO PURSUE  
SEVERAL INITIATIVES:

- \* Reduce Opioid overdose and death
- \* Conduct a Community Health Assessment
- \* Strengthen partnerships across sectors (e.g., education, healthcare, agriculture) to solve pressing health issues through a collective impact model
- \* Create connected and continuous systems of care for families of children and youth with special needs
- \* Improve primary and preventive services at the Oxford and Henderson county locations
- \* Strengthen the connection across public health, primary care and home health to reduce hospital readmissions
- \* Decrease the number of people with serious mental health issues that are in jail
- \* Increase literacy among children 0-5

## Building Capacity

GVPH works with partners to bring in funding necessary to support and expand community health efforts. In 2016, GVPH managed over \$2,500,000 in recently acquired grant funding. A majority of the grant funds go to support community-based projects across Granville and Vance counties – thankfully these funds are also able to help maintain the critical staff needed to make these programs possible (still, staffing levels have remained unchanged).

GVPH Revenues	FY 2016	FY 2015
County appropriations	\$850,963 (16%)	\$650,616 (12%)
Federal & State grants	\$1,988,619 (38%)	\$1,813,485 (33%)
Fees & fee reimbursements	\$1,721,307 (32%)	\$1,884,699 (34%)
Other revenues	\$739,704 (14%)	\$624,930 (11%)
Hospice (CON) settlement	– (0%)	\$550,000 (10%)
<b>Total</b>	<b>\$5,300,593</b>	<b>\$5,523,730</b>



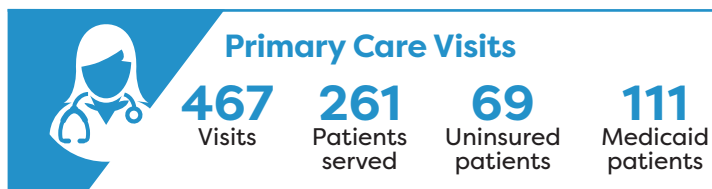
The more funds that GVPH receives, the more services and resources we can provide to the community. It is important to note that even though GVPH has been successful in writing grants, we have lost state and federal funds causing an overall decrease in revenue from 2015 to 2016.

## Primary Care

GVPH began offering a full range of primary care services at the Oxford and Henderson locations in 2016. We are increasing preventive services for obesity, diabetes, and hypertension by: (a) providing more screenings, offering Medical Nutrition Therapy, and implementing the evidence-based Diabetes Prevention Program; and (b) improving billing and reporting systems to sustain GVPH's ability to offer preventive services to the uninsured.



**Shauna Guthrie, MD, MPH;** GVPH Medical Director and Primary Care Physician



## Minority Diabetes Prevention Program

**Awareness campaign, Lifestyle classes, Community screenings and Referrals**

GVPH is leading an eight county effort to prevent diabetes among racial and ethnic minorities. The Minority Diabetes Prevention Program is being implemented across Franklin, Granville, Vance, Johnston, Halifax, Nash, Wake, and Warren counties. Over the next year, we will screen at least 300 individuals for pre-diabetes and support 100 individuals in completing a yearlong diabetes prevention program.



## Immunizations

3,958  
immunizations were given to  
2,466  
clients, of which  
1,664  
immunizations went to  
674  
children and adolescents



GVPH provided  
1,647 Flu Vaccines

Photo: Granville Vance District Public Health Director Lisa Macon Harrison gets her flu shot.



# Prevention matters for North Carolina

## Investing in Prevention

Community-based programs that improve physical activity and nutrition and prevent smoking and other tobacco use lead to decreased rates of preventable diseases such as heart disease, type 2 diabetes and some types of cancer. Decreasing rates of preventable diseases leads to health care savings.

## Return on Investment

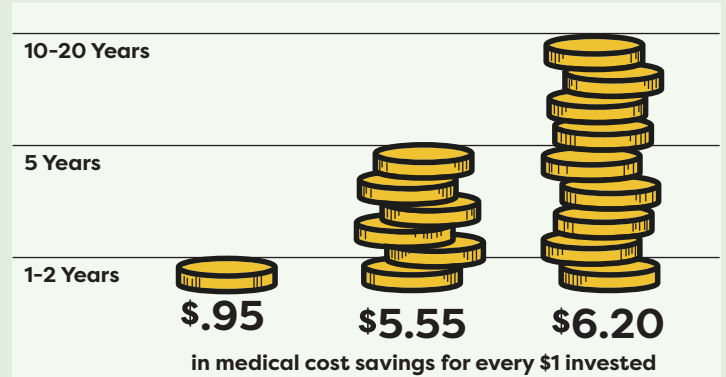
Return on investment compares the dollars invested in something to the benefits produced by that investment.

Reduction in rates of preventable disease, such as heart disease, type 2 diabetes and some types of cancer occur over time. Thus, the return on investment in proven community-based disease prevention programs increases over time.

Source: Trust for America's Health (2009). Prevention for a Healthier America: Investments in Disease Prevention Yield Significant Savings, Stronger Communities. Available at: <http://healthyamericans.org/reports/prevention08/Prevention08.pdf>

## In North Carolina, a \$10 per person, per year investment

in proven community-based disease prevention programs to increase physical activity, improve nutrition and prevent smoking and other tobacco use is estimated to result in:



In 2004 dollars. Source: TFAH calculations from preliminary Urban Institute estimates, based on national parameters applied to state spending data.

## Quality Improvement: it's how we do business at GVPH.

From change at one desk, to large projects involving teams across the health department, we are always working to improve the health department's services to our clients.

GVPH is working across Home Health and Primary Care focusing on new care pathways in cardiovascular disease, congestive heart failure, diabetes, and wound care.

*Public Health, Primary Care and Home Health working together makes a difference in reducing cost of care, improving quality of care, and addressing population health.*

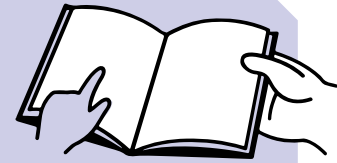
### Title X

GVPH provides family planning services, counseling, and long acting reversible contraceptives (LARCs) to residents at little to no cost.



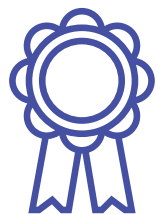
### Reach out and Read

supports early literacy by providing a book to each child 0-5 attending their well-child exam. Through this program, GVPH offers a comfortable space for reading in the waiting room.



## Granville Vance Public Health 2017 Board of Health

We appreciate the dedicated time our Granville Vance Board of Health members donate. Board of Health members for a multi-county district health department take on more responsibility than usual to help guide budget sustainability, approve policies and rules, and keep the best interest of the community members front-and-center. Our Board of Health does a tremendous job on all fronts and continues to find creative ways to provide support and advocate for public health practice in Granville and Vance counties.



If you would like to know more about our programs, services, and outreach efforts in the community, these Board of Health members can easily tell you about them. As always, you may call either location of the health department and schedule a time to visit and come see us in action. We welcome visitors, encourage questions, and appreciate any opportunity to share all the ways that public health touches your life.

## 2017 Board of Health Members

- |                              |                           |
|------------------------------|---------------------------|
| Dr. Robert M. Currin         | Ms. Dianne Kapherr        |
| Dr. James J. Gooch           | Dr. James O. Goodwin      |
| Mr. Zelodis Jay (Vice Chair) | Dr. Kirby Ransom          |
| Ms. Alice Overton            | Mrs. Lisa Rotolo          |
| Ms. Dorothy J. Spurling      | Dr. Bridget Waters        |
| Mrs. Phyllis Stark           | Mr. Gordon Wilder (Chair) |
| Mrs. Jackie Sergent          | Ms. Veronica Young        |

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public health  
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101 Hunt Drive  
Oxford, NC 27565  
Phone: (919) 693-2141

115 Charles Rollins Rd  
Henderson, NC 27536  
Phone: (252) 492-7915